# Christ the Saviour Cathedral

## *"CATHEDRAL JOTTINGS"*




Corner of Garfield Street and Butler Avenue
Johnstown, Pa. 15906
Rectory Office – 249 Butler Avenue; Johnstown, Pa. 15906
**Cathedral Church of His Eminence, Metropolitan Gregory of Nyssa**
of the
**American Carpatho-Russian Orthodox Diocese**
of the
**Ecumenical Patriarch of Constantinople**


### Cathedral Clergy

Pastor – Very Reverend Protopresbyter Robert A. Buczak, Cathedral Dean
Very Reverend Protopresbyter Frank P. Miloro, Chancellor
Very Rev. John S. Brancho


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***Cathedral***: http://www.acrod.org/organizations/cathedral ***Twitter***: https://twitter.com/acrodnews
***Camp Nazareth***: http://www.campnazareth.org ***You Tube***: https://youtube.com/acroddiocese


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**Sunday, October 1st, 2023**

# *The Seventeenth Sunday after Pentecost*

## *Sunday after the Exaltation of the Holy Cross*

**Divine Liturgy – 9:00 am** **Sunday School – 10:20 am**

Panachida for ***John Haschak Sr.*** & ***+Bethany Haschak (Birthday Remembrance)*** offered by Michael & Sandy Haschak; ***+Dolores Brudnak*** offered by Dr. Louise Brudnak
***+Frank Langal; Anna and Peter Fesko*** offered by Robert Fesko;
***+ Phillip L. Penrose*** (40th Day) offered by the Horner and DeCoske family
***+Helen Timo Pirich*** offered by Michael and Diana Pirich***; +Donna Zizan*** offered by Vivian Slachta; and ***+Peter and Mary, Stephen & Andrew, and Ann*** offered by Alex Dubnansky

Resurrection Tone 8 -Tropar & Kondak: Pages 102 & 110
Epistle: Galatians 2:16-20 Gospel: Mark 8:34-9:1

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**Services for the week of October 1st**

**Wed. 10/04** … ***Moleben to St. Nectarios with Holy Anointing……...6:00 pm***

**Thur. 10/05** … +Dolores Brudnak offered by the Brudnak, Kelly, and Slate families; +Nicholas and Anna Longazo; +Archpriest John Pavlinchak; +Demetri, Anna and John Housty (Perpetual)……8:00 am

**Sat. 10/07** … Great Vespers……6:00 pm

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## Bible Study Tuesday, October 3rd @ 6:30 pm

**Joins us either here in our Cathedral Auditorium or via "Zoom"**

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## A.C.R.Y. – CHAPTER 20 ANNUAL MEETING

The Annual Meeting of the A.C.R.Y. Chapter 20 is scheduled for Thursday, October 5th, 2023 in the Cathedral Auditorium. We will elect officers at this meeting. All members are encouraged to attend. ***NEW members are encouraged to join.***

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**Sunday, October 8th, 2023**

# *The Eighteenth Sunday after Pentecost*

***The Monk-Martyr Paphnutius***

**Divine Liturgy/ Choir Sunday: 9:00 am** **Sunday School: 10:20 am - 11:15 am**

Panachida for ***+Samuel Gvozdich*** (35th Anniversary) offered by Subdeacon Michael Oleksa ***+Joseph and Mary Smuro*** offered by Mary Ann and Steve Raslevich; ***+Michael Kraynak***; ***+Anna Matyola*** offered by the Matyola family; +***John Kesselak Jr.*** offered by wife Elizabeth, and family; +***Peter and Mary Buchovecky***; ***+Pani Brenda Conrad; +Robert Nitkulinec*** offered by wife, Stella and daughters Robin and Kristin and granddaughters Hannah and Audra Cook (Perpetual)

Resurrection Tone 1 - Tropar & Kondak: Pages 81-83

Epistle: 2 Corinthians 9:6-11 Gospel: Luke 5:1-11

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**Fri. 10/13** … ***Vespers for the Feast of the Protection of the Theotokos……..6:00 pm***

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**Saturday, October 14th, 2023**

# *The Feast of the Protection of the Birth-giver of God*

**Divine Liturgy - 9:00 am**

**St. Romanos the Melodist**

*Patronal Feast of Diocesan Cantors and Choir Directors*

Tropar & Kondak: Pages 113-114

Epistle: Hebrews 9:1-7 Gospel: Luke 10:38-42; 11:27-28

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**Sat. 10/14** … No Vespers Scheduled

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**Sunday, October 15th, 2023**

# *The Nineteenth Sunday after Pentecost*

***The Hieromartyr Cyprian and Virgin Martyr Justina of Antioch***

**Divine Liturgy: 9:00 am** **Sunday School: 10:20 am - 11:15 am**

Panachida for ***+Michael J. Hanak*** offered by Dorothy Bayconish; +***Arthur Sedoroff*** offered by Mary Sedoroff; +***Michael Timo*** offered by Michael and Diana Pirich; the +Departed members of the Osefchak family (Ignatz, Theresa, William, Julia, John, Michael, Marian), and the Bobin family (John, Ann, John, Anna, James, Phillip, Alfred, Zan, and Mary)

Resurrection Tone 2 - Tropar & Kondak: Pages 84-86

Epistle: 2 Corinthians 11:31- 12:9 Gospel: Luke 6:31-36

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**BIRTHDAY PRAYERS** – ***Nykos James Kobal (10/2), Anna Seitz (10/3), James Russell (JR) Billetdeaux (10/7), and Michael Matolyak, Jr. (10/7).***

You were remembered today in the Proskomedia.

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**ALTAR FLOWERS** – The Altar is beautified with flowers in honor of the ***23rd Anniversary of Marriage of Dave and Lorie Podolak.***

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**SACRAMENTAL TABLE FLOWERS** - The Tetrapod is beautified with flowers in memory of ***+Paul Kalcik by Susan Kalcik and Ann Fischbach.***

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## DISTINGUISHED DIOCESAN DONORS DRIVE-2023

We are currently accepting donations of $100.00 or more toward this fundraising event for Camp Nazareth and the Diocese. Thank you for your consideration of this Diocesan Fundraiser.

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## 2024 LOTS-O-LUCK CALENDARS ARE NOW AVAILABLE

**See Christina Sakmar**

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## BASKET PARTY – SATURDAY, DECEMBER 2nd

The A.C.R.Y. is asking for Baskets valued at $25.00 and up, or items for baskets, or monetary donations for their upcoming Basket Party. Please place your items on the stage in the Cathedral Auditorium now through November 25th, 2023. Your help is greatly appreciated. Please see Rose Ann DeCoske or Dee Tvarozna for more details.

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# COOKIE SALE – SATURDAY, DECEMBER 16th

Our A.C.R.Y. is having a cookie sale in the Cathedral Auditorium on Saturday, December 16th, 2023. We are asking for members (and others) to bake 5 dozen Christmas Cookies to sell at this fundraising event. Please bring your home-made cookies to the Cathedral Auditorium Friday, December 15th, 2023. There is a sign-up sheet in the Cathedral Auditorium for types of cookies that are needed. Please see Dee Tvarozna for more details.

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# LIVES OF THE SAINTS

**The Holy Martyr Paphnutios and 546 Companions in Egypt – Sept. 25/ October 8**

During the third-century persecutions of Diocletian, Governor Adrian called for the arrest of Paphnutios from out of the Egyptian wilderness. Not waiting for his captors, Paphnutios went directly to Adrian and confessed his faith, and he was tortured. However, the power of God preserved Paphnutios to the point that the two soldiers who tortured him came to believe in Jesus Christ, and they were beheaded. After this, Paphnutios was imprisoned, and there converted forty prisoners to Christianity. These forty were burned alive, but Paphnutios was set free. A Christian named Nestor and his family took him in, and their faith was strengthened; later they became martyrs. In fact, Paphnutios is credited with strengthening 546 men in Christ, and they were all martyred, either burned or killed by the sword. Paphnutios was thrown into a river with a heavy stone around his neck, but he floated to shore. In the end, Diocletian crucified him.

***O HOLY FATHER PAPHNUTIOS PRAY TO GOD FOR US!***

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# QUOTES FROM THE HOLY FATHERS

Revere every word, every thought of the Word of God, of the writings of the Holy Fathers, and amongst them, the various prayers and hymns which we hear in church or which we read at home, because they are all the breathing and words of the Holy Spirit. It is, so to say, the "Holy Spirit Himself," who "maketh intercessions, "for us and through us, "with groanings which cannot be uttered" (Romans 8:26). ***St. John of Kronstadt***

Prayer offered at night possesses great power, greater than the prayer of the daytime. Therefore, all the righteous prayed during the night, while combating the heaviness of the body and the sweetness of sleep. This is why Satan fears the labor of the night vigil and uses every means to prevent ascetics from doing it…..For night vigil is the light of the thinking and by it the understanding is exalted, the mind is collected, and the intellect takes flight and gazes at spiritual things and by prayer is rejuvenated and shines brightly.

***St. Isaac the Syrian***

When a ray of sunlight enters the house through a crack, it lights up everything inside and even shows up the finest dust in its beam. So it is with the fear of the Lord, when it enters a human heart, it reveals all the fallibility still lurking there.

***St. John Chrysostom***

The Christian is one who imitates Christ in thought, word, and deed, as far as possible for human beings, believing tightly and blamelessly in the Holy Trinity.

***St. John Climacus***

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## PRAYER CHAIN

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| Thomas Buczak | Jack Dahl | Taylor Miller | Daniel Porembka | Alex Yarementko |
| Cindy LaBarr | Eva Zeleniak-Whitak | Jennifer Gardenhour | Dr. Rose Ann Jordan | Pauline Marie Blehi |
| Steve Martyak | Malcolm Barnes | Margaret Blehi | Demetra Mavrophilipos | Lauri LaBuda |
| Veronica Buczak | Ann Koehnlein | Valentina Yaremenko | Rose Conjelko | Dorothy and Kathy Bayconish |
| Jessica McLaughlin | Larry Eisenhauer | Olga Yaremetko | Cindy Birth | Nicholas and Carole Blitva |
| Michael Sakmar | Judith Rowlands | Steve Prieber | Roger Zankey | Lorie Joseph |
| Joseph Muchesko | Angeline Komara | Aberdeen Rudge | Jess Ambrose | Mary Frances Dutko |
| Roberta Kovalik | Arianna Risso | Pat Hanuska | Paul Kalinyak | Clarabella Knight |
| Theresa Milkovich | Charlie Erisman | Dwight Nugle | John Rosiak | Matushka Mary Margaret |
| Kira Pronin | Rachael Costlow | Rose and Terry Fyock | Louis Pocchiari | Remona Blunt-Wall |
| Alexxa Lowery | Marshall Rosenow | Rosalia Horner | Ed and Christine Sakmar | Patti Sweeney |
| Romayne Laichak | Shirley Mazurak | Beverly Mayo | Julie Locher | Samantha Salway |
| Zachary Rogina | Donna Babble | Al Kuzmyak | Denise Stroud | Joan Bost |
| Robert J. Gritzer | Richard Barnes | Michael Paul Gost | Brianna Thompson | Cheryl Reese |
| Ron Kuzmyak | Michael Logan | Brooklyn Balamuto | Infant Hale | Sheri Smay |
| Paul Kalcik | Lloyd Broadwater | Matushka Helen Jasiukowicz | Elijah Groff | Geroge Kuzmiak |
| Henry Laichak | Nick Timko | Joanne Democko | Lisa Shaffer | Robert Pringle |
| Beverly Tinkle | Erin Demich | Robert Stokes | Stephen Machik | Jackson Enhro |
| Ronald Kmet | Mary Ann Muchesko | Barbara Stokes | Aniee Himes | Lisa Luterman |
| Michael Derby | Joella Hamlin | Marcia Matthews | Michael Mehalacki | Jeanne Norris |
| Barry Gilchrist | Donna Martyak | Jolene McClain | Matthew Hanak | Jennifer Shfrift |
| Barbara Virostek | Mary Jane Matolyak | Georgene Coulter | Carol Labad | Kristo Burkett |
| Robert Janeway | Michaela Miller | Tanya Britan | Carter McAuly | Amanda May |
| Andy Walls | Arianna Jade Miller | Frank Porembka | Michael Yaremenko | Jean Romesburg |

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